

NFL Extra

Week 1

Segment	TRT
Soundtracks – Tom Brady	1:08
Sounds of Summer	7:14
Marshawn Lynch	7:25

01:00:00 - TOM BRADY

DOESN'T GET ANY BETTER THAN THIS 3-3! YOU'RE MADE FOR THIS ONE! HEY WATCH HIM JEWELS. HEY HIM! BOTH! 59! SET!

RADIO – BRADY THROW..LOOKING, LOOKING, LOOKING. FIRES. CAUGHT! INSIDE THE 5 YD. LINE AND INTO THE END ZONE!

WAY TO LOOK GOOD FELLAS! THAT'S A GOOD WAY TO START THIS GAME, HUH!

ARE WE GONNA FIGHT?! ARE WE GONNA LAY DOWN?!!

HEY TAKE IT TO ANOTHER LEVEL ALRIGHT!

GOTTA WORK HARDER! WE GOTTA DO MORE!!

WE ARE NOT FINISHED!! WE ARE NOT FINISHED FELLAS!!!

WE GOTTA START COMPETING.

GONNA BE A GREAT COMEBACK GUYS. GONNA BE A GREAT COMEBACK!

RADIO – BRADY, QB SNEAK RIGHT UP THE MIDDLE. TOUCHDOWN. AND BRADY HAS BEEN LIGHTS OUT. THAT WAS A TOUGH ONE.

01:01:10 – SOUNDS OF SUMMER

OK, LET'S GO FELLAS!

FIRST MORNING PRACTICE. MAKE SURE YOU'RE PUSHING EACH OTHER HARD ALL DAY! LET'S GET BETTER.

I LOVE THE FIRST ENTHUSIASM. HEY, I WANNA SEE IF WE CAN MAKE ONE OF YOU GUYS QUIT TODAY.

HEY ROGER. JUST DO ME A FAVOR TODAY. (O.K.) MAKE SURE 77'S WORKING. (ALRIGHT, NO PROBLEM.) JUST CHECK ON HIM. IF AT THE END OF THE DAY YOU FIND IT'S NOT UP TO SNUFF, IT'S NOT EXCELLENT, (O.K.) THEN WE'LL HAVE TO DO SOMETHING ABOUT IT. (ALRIGHT, I'LL MAKE SURE.)

I HEARD YOU'RE NERVOUS, YOU'RE SCARED. LIKE A LITTLE BIRD IN A NEST. A SHIVERING BIRD IN A NEST. (ARE YOU SERIOUS?) YEA, THAT'S WHAT I HEARD MAN. YOU GOT A CHANCE AND YOU CAN'T HANDLE IT. YOU'RE KIND OF AFRAID I HEARD. (NO.)

I'M GONNA LOOK AT YOU REAL CLOSE TODAY TO SEE IF YOU'RE HIGHLY CONDITIONED AND READY TO GO. YOU KNOW WHAT I MEAN? AND IF YOU'RE NOT I'M GONNA PUT YOU IN THE NEWS.

77, DO ME A FAVOR? (YES SIR.) WOULD YOU CHECK ON 76? (YES SIR.) MAKE SURE HE'S EXCELLENT IN EVERYTHING HE DOES; AND IF HE'S NOT YOU'LL LET ME KNOW, RIGHT.

HUDDLE 'EM UP! HUDDLE 'EM UP! HUDDLE 'EM UP! HUDDLE 'EM UP!

LET'S GO. UP TEMPO. LET'S GET SOMETHING OUT OF TODAY'S PRACTICE. LET'S WORK. LET'S WORK. LET'S WORK. LET'S EARN IT.

HEY FELLAS, IT'S GREAT TO SEE YOU. LET'S GET IT RIGHT NOW. RIGHT FROM THE GET-GO, FIRST STEP WE TAKE. FIRST STEP WE TAKE!

SOME OF YOU GUYS LOOK LIKE YOU'RE STILL ASLEEP. LET'S GO. LET'S GO. LET'S GO. LET'S GO.

YOU GUYS GONNA BE EITHER THE DEAD INDIAN OR THE COWBOY IN MY WESTERN MOVIE TONIGHT. EITHER WAY YOU'RE GONNA BE IN THE MOVIE. THAT'S WHAT I'M TELLING YOU.

...IT AIN'T ABOUT BEING COOL. ABOUT BEING GOOD. ABOUT BEING GOOD.

UH OH. OOPS. AHH. GOD DING IT! WHAT HAPPENED? LET'S GO MEN. LET'S GO MEN. YOU'RE IN THE MEETINGS. HE GOES OVER THE DRILLS. HELL, IT AIN'T...GOD ALMIGHTY. THESE ARE PERFECT PLAYS, O.K. YOU GUYS NEED TO BE PERFECT AND GOOD. THE EFFORT'S GOTTA BE GOOD AND THE FINISH HAS GOTTA BE GOOD OR IT DON'T COUNT.

FINISHING CAN'T BE A COACHING POINT TODAY. IF IT'S NEVER A COACHING POINT, THAT'S GONNA BE A GOOD PERIOD. FINISH EVERY DAMN BLOCK IN THAT PERIOD TODAY. LET SOMETHING ELSE BE A COACHING POINT TODAY. CAN YOU ALL COMMIT TO THAT? GREAT. I'LL SEE YOU THERE.

UH OH, THIS'LL BE INTERESTING. FINISH.

DON'T YOU PUT ON THE BREAKS TILL YOU GET PAST THAT 10 YD. MARK. COME ON DUDE.

FINISH. THIS AIN'T THE SENIOR BOWL NO MORE.

NOW FINISH!

FINISH IT!

FINISH IT!

WORK IT AND FINISH!

FINISH! FINISH! FINISH!

HEY 30!

HEY 47!

IT'S O.K. TO FINISH!

GO INTO THE BALL!

IT'S O.K. TO HUSTLE AND FINISH!

GO RUN FOR THE BALL! COME ON! YOU'RE TRYING TO MAKE THIS BALL CLUB!

YOU'RE LOOKING LIKE THE DEAD INDIAN IN MY COWBOY MOVIE TONIGHT D.J.!

YOU KNOW WHAT? THIS IS THE KIND OF COMMUNICATION WE'RE LOOKING FOR. WE'RE TALKING. WE'RE GETTING ON THE SAME PAGE BACK AND FORTH, ACROSS. I THINK IT'S VERY HEALTHY. VERY HEALTHY.

HEY LET'S GET A LITTLE TEMPO. LET'S GO MEN.

WHAT'S GOING ON OVER THERE?!

WHO PUT THIS MUSIC ON? WHO PUT THIS MUSIC ON?

YOU THINK THAT'S MY MUSIC PLAYLIST? IT'S NOT.

YOU KNOW YOU OHIO ST. GUYS, YOU KNOW WHAT I MEAN. YOU'RE ALWAYS SINGING SONGS LIKE..I DON'T KNOW. I'M STARTING TO..I'M A LITTLE CONCERNED.

BUT GIVE ME A LITTLE BIT SO I CAN GET A FEEL FOR WHAT IT IS.

WE GOT A SUPER BOWL..I WEAR MY RING ALL THE TIME.

STAMP IT. STICK TO YOUR DAY JOB.

FEEL GOOD PUTTING THE PADS BACK ON? DOES IT REALLY? YEA I'LL BET IT DOES MAN. YOU'RE DOING ALL THAT OTHER STUFF. THAT'S GOOD.

COME ON, I DON'T HEAR ANYTHING OUT HERE! LET'S GO! USE THE DAMN PADS!

IF HE'S GONNA CRACK YOU, I WANT YOU KNOCKING THE CRAP OUT OF HIM RIGHT AT THE LINE OF SCRIMMAGE.

BANG!

LIKE A SHORT JAB.

BOOM!

BANG!

DIP AND RIP NOW AND GO TO THE QB.

BOOM!

BANG!

GO RIGHT TO HIS ADAM'S APPLE.

WHOA!!

SOMEBODY KNOCKED THE SH—OUT OF SOMEBODY.

THAT'S HOW YOU ..OFF THE BALL RIGHT THERE. NICE JOB. NICE JOB.

WHOO, MAN. SOME GOOD VIOLENCE MAN FOR MY MOVIE TONIGHT OVER HERE.

ALRIGHT.

I LIKE YOUR LITTLE DRILLS, YOU KNOW.

REPETITIVE, REPETITIVE, REPETITIVE IN NATURE.

ALRIGHT. ALRIGHT.

MAKE IT 2ND NATURE.

BETTER. BETTER. BETTER.

ALRIGHT, ALRIGHT, ALRIGHT, ALRIGHT.

I'M TIRED! ..TIRED COACH. I NEED A .. COACH.

ANYBODY THAT'S YOUNG GET OUT HERE. ANYBODY THAT'S YOUNG!

SEE WHAT YOU'RE DOING?

WALKING AND THEN RUN BACK OUT. I'M GONNA GIVE IT TO YOU THIS TIME, ALRIGHT? HERE WE GO.

OH, NEW PLAYER. NEW PLAYER. NEW PLAYER.

BLACK 18, SET, HUT. GET OUT THERE! GET OUT THERE! HERE YOU GO KID. BAD BALL.

STILL RIGHT OVER HIS HEAD.

HERE YOU GO KID. OH BAD PASS. BAD PASS.

TELL HIM 1 OUT OF 3'S NOT BAD, RIGHT?

OH MAN, I'M A TERRIBLE PASSER.

WE GONNA CATCH ANY OF THESE?!

GO KID. GO!

...PRETTY GOOD BALLS THERE. JUST LOOKS SO PAINFUL.

YEA, WE AIN'T FINISHED YET. I KNOW YOU THINK WE'RE DONE. I KNOW YOU THINK WE'RE DONE BUT WE'RE NOT.

I WANT YOU GUYS TO BE GREAT. I AIN'T INTERESTED IN YOU GUYS BEING GOOD. HEY, 27, I AIN'T INTERESTED IN YOU BEING GOOD. I WANT YOU TO BE GREAT.

I'M LOOKING FOR DEAD INDIANS FOR MY COWBOY MOVIE.

COME ON LET'S GO. DON'T FADE ON ME. LET'S GO.

OH, WE GOTTA CATCH THAT BALL MIKE!

LET THAT HIP GO, RIGHT.

JUST ENOUGH TO GET YOUR SHOULDERS SQUARED UP TO THE TARGET.

KEEP WORKING. KEEP WORKING.

GOOD CATCH.

VERY NICE. WELL DONE BY THE YOUNG FELLA.

GOT THAT ..FIGHT. LET'S GO!

YOU GUYS SHOULD BE HUNTERS OUT HERE. GO HUNT!

OH BABY, NOW WE'RE HITTING PEOPLE.

THAT'S' WHAT IT SHOULD BE! IF YOU GUYS WANT TO BE THE BEST, MAN,
THAT'S WHAT IT'S GOTTA BE.

OH GOSH! LOOK AT LITTLE 35 GO!
THAT'S BIG TIME, O.K. YOU DO THAT..WE'LL RUN IT ALL DAY THERE.

LET'S GO! LET'S GO! LET'S GO!

GET IT! KEEP THE CLOCK TICKING! CLOCK'S RUNNING! CLOCK'S RUNNING!
HERE WE GO! CLOCK'S GOING!

ONE PLAY LEFT!

GAME'S ON THE LINE!

LET'S SEE WHAT YOU GOT.

ALRIGHT, HERE WE GO. HERE WE GO. LET IT RIP.

WE GOT 'EM. WE GOT 'EM. WE GOT 'EM. THAT'S A TOUCHDOWN.

WHAT A WAY TO END IT.

GREAT JOB JOE. WOW!

GOD, GUYS ARE WORKING THEIR TAILS OFF. LOVE IT.

THAT KID CAN PLAY RIGHT THERE MAN. THAT DUDE CAN PLAY.

PLUS YOU'RE SMALL. YOU'RE POISED. NOTHING BOTHERS YOU. EVEN WHEN
I TRIED TO RATTLE YOU BACK THERE YOU JUST KIND OF GAVE ME THAT LOOK
LIKE YOU'RE NOT IMPRESSED.

THAT'S THE GREAT THING ABOUT COMPETITION. YEP. IT BRINGS OUT THE
BEST IN EVERYBODY.

01:08:50 - MARSHAWN LYNCH

ON HIS RECENT VISIT TO NFL FILMS, MARSHAWN LYNCH -- THE MAN
NICKNAMED "BEAST MODE" -- WAS IN FULL, BEAST MODE...JUST LIKE HE WAS
WHEN HE LED THE SEAHAWKS TO A SHOCKING UPSET OF THE DEFENDING
CHAMPION SAINTS IN THE 2010 PLAYOFFS.

RADIO – TURNING, HAND TO LYNCH LEFT SIDE. FINDS A LITTLE BIT OF A HOLE.
KEEPS HIS LEG MOVING! HE'S ACROSS THE 40! MIDFIELD! 45! HE'S ON THE

RUN, LYNCH! 40! LOSES A MAN 35! LOOK AT HIM GO! HE'S DOWN THE 20! 15! HE'S GONNA GO! HE'S GONNA GO! TOUCHDOWN SEAHAWKS!! OH MY WORD!! MARSHAWN LYNCH, UNBELIEVABLE!! THE BEAST IS ALIVE AND WELL!

I DON'T KNOW IF YOU CAN LIKE GET INTO IT. IT'S NOT SOMETHING YOU CAN GO HOME AND BE LIKE.. I WANT TO GET IN BEAST MODE. I WANT TO GET IN BEAST MODE. NO. THAT AIN'T THE WAY IT WORK. BEAST MODE IS ALREADY INSIDE OF YOU.

LET'S GO BEAST. WAY TO GO BABY.

BEAST MODE RAN SO HARD THAT SEISMIC ACTIVITY WAS RECORDED NEAR QWEST FIELD. YES -- HE LITERALLY CAUSED AN EARTHQUAKE. HE JUST DIDN'T FEEL IT...OR HEAR IT.

I DON'T HEAR NOTHING. ALL I HEARD WAS THE RUFFLE OF MY SHOULDER PADS AND BREATH.

RADIO – WHAT A RUN. 67 YDS. BY MARSHAWN LYNCH.

AND WHEN HE MADE IT BACK TO THE BENCH HOW DID HE CELEBRATE? BY DOING THE SAME THING HE'S DONE SINCE HIGH SCHOOL -- EATING THE PACK OF SKITTLES HIS MOTHER GIVES HIM BEFORE EVERY GAME.

THIS IS BREAKING NEWS THAT THE KEY TO YOUR SUCCESS ...(IS SKITTLES) MAYBE THE GREATEST RUN IN NFL HISTORY.. (CAME FROM SOME DAMN SKITTLES.)

RADIO – MITCHELL KEEP THAT FOOTBALL, HUH. ARE YOU KIDDING ME? THAT OUGHTA GO UP ON THE MANTLE FOREVER, RIGHT?

AFTER THE RUN, I TOOK THAT SAME BALL TO THE REFEREES ON OUR NEXT OFF. SERIES LIKE, "I NEED TO CLOSE THE GAME OUT WITH THIS BALL. IS THAT ALRIGHT?"

IT WAS, AND HE DID. BUT WHEN THE GAME ENDED, LYNCH WENT TO THE LOCKER ROOM WITHOUT THE BALL.

WHERE'S THE BALL?

WHO KNOWS!

YOU DON'T HAVE THE BALL?

I DO NOT HAVE THE BALL.

OH, THAT'S A CRIME.

WHO YOU TELLIN'. IT IS UNBELIEVABLE. CAN WE EDIT THAT? I DON'T WANT NOBODY TO KNOW THAT BECAUSE I GOT A FAKE BALL! NO, I'M JUST KIDDING!

HE MAY NOT HAVE THE BALL TO REMIND HIM OF HIS RUN. BUT LISTENING TO HIM EXPLAIN EVERY DETAIL OF WHAT HAPPENED, YOU CAN BE SURE HE'LL NEVER FORGET IT.

SO WE GET INTO THE HUDDLE AND THEY CALL 17 POWER. I WAS LIKE OH MY GOD, I'VE BEEN TRYING TO GET A POWER FOR SO LONG!

HEY, DON'T ROLL THIS. HIT IT DOWNHILL.

WITH POWER YOU RUN IT STRAIGHT DOWNHILL, EVEN THOUGH WHERE WE'RE COMING AND WE KNOW WHERE YA ALL GONNA BE LINED UP AT. NOW YOU JUST GOTTA STOP IT. I'M SAYING I'M BETTER THAN YOU. SO I SEE THE GUARD COME AROUND, AND IN MY HEAD I'M THINKING, BACKSIDE A-GAP. BUT FOR SOME REASON IT CARRIED ME TO THE FRONT SIDE. BOUNCED OFF THE FIRST TACKLE LIKE..UH OH, IT MIGHT BE TROUBLE. SPLIT BETWEEN SPENCER'S BLOCK COMING OFF OF SHARPER. HE GRABBED AT MY FOOT AND I STAYED UP. I SAID, UH OH, IT MIGHT BE TROUBLE. COVERED THE BALL WITH 2 HANDS. ONE OF MY OLD TEAMMATES, JABBAR GREER CAME OVER THE TOP. HE SLID OFF. IT'S A GOOD RUN NOW BUT I'M LIKE, UH OH, IT MIGHT BE TROUBLE. TRACY PORTER CAME UP. I GAVE HIM A LITTLE STIFF-ARM. I STAYED ON MY FEET.

RADIO – GET OFF ME! HE SAYS TO TRACY PORTER. ARE YOU KIDDING ME?!

WE ALMOST WAS RUNNING AT TOP SPEED. SO I MEAN ANY KIND OF WOULD ...YOU KNOW, THREW A MAN OFF COURSE. IT WAS JUST A LITTLE BABY STIFF-ARM. LITTLE BABY STIFF-ARM. I BELIEVE IT WAS ELLIS CAME FROM BEHIND. I TOOK A LITTLE QUICK PEAK AT HIM AND GAVE HIM A LITTLE STIFF ARM. STILL DIDN'T GO DOWN. UH OH, I KNOW IT'S TROUBLE. THE NEXT THING I KNOW TYLER SHOT IN FRONT OF ME.

RADIO – LOOK AT THE HUSTLE BY ...

..AND GO MAKE A BLOCK ON HARPER. DIVE INTO THE END ZONE. TOUCHDOWN. AND AT THE TIME I'M JUST THINKING LIKE, "WHAT THE HELL JUST HAPPENED?" DID THAT REALLY JUST HAPPEN?

THAT SAME REACTION INSTANTLY OCCURRED THROUGHOUT THE FOOTBALL WORLD.

WHILE LYNCH WAS AT NFL FILMS, WE SHOWED HIM SOME OTHER LEGENDARY RUNS.

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WOW! THAT'S THE GREATEST RUN I EVER SEEN, AND THAT'S A BOLD STATEMENT. THAT'S LIKE..THAT WAS, THAT'S THE GREATEST RUN. I PUT THAT #1 AGAINST ANY RUN.

OH MY GOD!

WHILE LYNCH WAS AT NFL FILMS, WE SHOWED HIM SOME OTHER LEGENDARY RUNS.

THAT'S BEAST MODE RIGHT THERE. THAT'S TRULY IT. UH OH, WATCH OUT NOW. WATCH OUT NOW. BAM! CAN YOU GO BACK? THAT JUST PROBABLY STILL HURT WHEN HE SEE THAT. MISS. MAN.

RADIO - BARRY TO THE 45. AND BUMPS TO THE 40. BREAKS IT 35, 30! HE'S GONE!! UNBELIEVABLE!! TOUCHDOWN!!

HEY, HEY, HEY NOW!! WHAT'S GOING ON? HEY, WHERE'D THE LITTLE GUY GO?

RADIO – YOUNG, IN TROUBLE. HE'S GONNA BE SACKED. NO, GETS AWAY. HE RUNS. GETS AWAY AGAIN. GOES TO THE 40.

THIS WAS RIDICULOUS.

RADIO - GETS AWAY AGAIN!

QB TOO.

RADIO – CUTS BACK AT THE 30! TO THE 20!

..WITH THE LITTLE BABY STEPS ON HIM. THAT WASN'T A BABY STIFF-ARM. THAT WASN'T NO BABY STIFF ARM. HE MUSHED THEM. HE MUSHED THEM ALL RIGHT TO THE GROUND TOO.

RADIO - BREAKS THE 3RD TACKLE! RUNS DOWN TO THE 30! HE'S AT THE 20! HE'S AT THE 10! HE'S DOWN TO THE 5! HE'S INTO THE END ZONE!! TOUCHDOWN 49ERS!!

YEA, THAT WAS NICE.

RADIO – OH LOOK AT THIS RUN. WHAT A RUN! MARSHAWN LYNCH!

I MEAN WHEN YOU PUT THEM TOGETHER WITH ALL THEM GREAT RUNS, IT DON'T FEEL LIKE IT WAS ME.

RADIO – THAT'S AS GOOD AN EFFORT AS I'VE EVER SEEN IN MY LIFE FROM A R.B.

BUT THAT WAS ME THOUGH.

SO WHERE DOES HIS RUN STACK UP AMONG THE BEST EVER? WELL, LYNCH ISN'T WORRIED ABOUT HIS PLACE IN NFL HISTORY. BUT AS HE TOURED THE PLACE WHERE FOOTBALL HISTORY IS PRESERVED, THE MAN WHO HAD ONE BEAUTY OF A RUN SHOWED THAT...UH OH--HIS BEAST MODE AND HIS BABY STIFF ARM -- MIGHT BE TROUBLE.

ALRIGHT MARSHAWN, THANKS FOR COMING TODAY. WE REALLY APPRECIATE IT.

NO PROBLEM. BEAST MODE. BEAST MODE. BEAST MODE.

(END)